



Project code: 2022-1-IT02-KA171-HED-000073309

Home Institution: Tashkent State Technical University

Host Institution: University of Camerino

Type of mobility: Incoming student mobility for studies

Duration: 5 months

Description of the activities:

To begin with, this long-term mobility was the first one in my life experience. My motivations for studying in abroad was to live abroad and to meet new people, to gain knowledge of another country, to build up a personal and professional network and to experience different learning curricula.

With respect to the outcomes of my mobility I think that I have an increased European sense of belonging after my participation in Erasmus+ learning mobility. After having taken part in this mobility activity I am more confident in my abilities, I am more able to adapt to and act in new situations and last but not least I am more able to cooperate with people from other backgrounds and cultures. Through my stay abroad with Erasmus+, I learned better how to develop an idea and put it into practice, plan and carry out my learning independently and use online resources and devices, for example: for my studies, personal activities. In a nutshell, I have benefited from my participation in Erasmus+ learning mobility.

During my mobility period I had an opportunity to go sightseeing. There are a lot of beautiful and spectacular cities in Italy, such as Florence, Roma, Venice, Napoli, Milan. I filled my life with unforgettable and amazing moments. Personal perspective: Visiting such cities helped me to relax, to have fun, to 'recharge my batteries', and also I experienced different customs and cultures (sunbathing, visiting monuments, tasting new cuisine). Travel opens our minds. It can broaden our horizons. As a result of my mobility activity I have learned more about Europe and European values.