

**Project code: 2022-1-IT02-KA171-HED-000073309**

*Name and Surname: Selenia Ramos*

*Home Institution: Simón Bolívar University*

*Host Institution: University of Camerino*

*Type of mobility: physical*

*Duration: 6 months*

*Description of the activities:*

*My experience in Camerino, Italy was phenomenal and extraordinary. It helped me expand my horizons, my perceptions, my expectations, and my way of seeing the world.*

*All my life I've lived in my home country, Venezuela... a beautiful land with vast natural resources, but deeply affected by poor governance, with the same ruling administration for over 25 years. Now, at 30 years old, most of what I've experienced throughout the years has been marked by limitations, hopelessness, and insecurity. But not everything is bleak, because Venezuelan and Latin people are incredibly resilient, full of life, and keep a positive attitude above all else. I don't speak for everyone, but I do speak for the great majority. For this reason, coming to this small city, actually filled me with so much life.*

*Being able to walk its streets and feel free, safe, and at peace... Feeling the air touch my face as I moved from one place to another... These were moments of true happiness, peace, and serenity. Studying in a calm and safe environment, being able to leave the university late at night and still feel secure walking home, this was something deeply meaningful for me. I enjoyed it immensely and can truly say I made the most of it.*

*I embraced every single moment I had the chance to feel, as I said before, alive and free. Freedom can be experienced in many ways, and I found it in the ability to study, to nourish myself with the incredible Italian cuisine when I had the chance to, to travel on public transport, and to simply wander through the charming streets of Camerino.*

*I also had the chance to visit other stunning places in Italy, such as the Amalfi Coast, Contursi Terme, Pioraco, Pantano, Monteleone di Fermo, Montelago (where I collected my geophysical data for my thesis project), and the wonderful city of Rome. Each place allowed me to witness the kindness and warmth that so genuinely characterize the Italian people, always friendly, welcoming, and helpful. That very kindness made me feel at home, reminding me that goodness endures.*

*This experience helped me grow so much. It taught me even more about teamwork, collegiality, and friendship. It showed me that a study environment can be deeply enriching when you have the right resources and tools to support you.*

*From the bottom of my heart, I want to thank the International Relations Officer, Sara Rossini, for all her help and support throughout the mobility experience; my professors Miller Zambrano and José Baena for their invitation, their teachings, both in person and remotely, and their invaluable life advice.*

*To the institutions that made it possible: the University of Camerino and Simón Bolívar University.*

*Of course, to Italy, for its people, its delicious food, and its breathtaking landscapes, full of freedom and tranquility.*

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*And with all my heart, to the Erasmus+ Program, for being the cornerstone of this unforgettable journey. I'm profoundly grateful for making experiences like this possible... they truly can change lives by allowing students to discover and immerse themselves in new cultures and settings. My time in Italy was the best I could have asked for.*

*Thank you!!*

*Sincerely,*

*Selenia R.*



*I made incredible friends!*



*Admired Italy!*



*Saw snow with my eyes for the first time!*



*More snow! 😊*



*Loved a good cappuccino  
and a good cornetto!*



*I worked with incredible people! 😊  
Here Professor Danny with me!*

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Ate a lot of good food! ^^



Visit the Paestum museum! 😊



Ate more delicious Italian food! 😊



Ate deli gelato! 😊



Admired the beautiful view from the  
University of Camerino!



\*^^\*



Enjoyed the simple yet so  
beautiful things!

THANK YOU!!! 😊

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Place and date Venezuela, 28<sup>th</sup> of July, 2025

Signature

*Selenia Ramos*