

Project code: 2024-1-IT02-KA171-HED-000212880

Name and Surname: Talamo Elisa Paula Martina and Hassen Alejandra Andrea

Home Institution: Universidad de Concepcion del Uruguay (UCU)

Host Institution: University of Camerino (UNICAM)

Type of mobility: Talamo – mobility for teaching and training
Hassen – mobility for training

Duration: 5 days

Description of the activities:

UNICAM-UCU Project Report

Knowledge and innovation are the foundation of a nation's economic growth and social development; and the university is the primary institution responsible for developing the professional skills and competencies necessary to address the social transformations fostered by the IoT 4.0 revolution.

From the UCU Vice-Rector's Office for International Relations, we continue working to strengthen the networks that UCU integrates in various disciplines. We also continue to work on collecting diagnostic information, assessing it, and formulating proposals for adjustments to the various dimensions addressed by internationalization as a function.

The network we integrate with the Italian University Consortium for Argentina (CUIA) has opened many doors for us in our relationship with Italy. In this sense, the collaboration strengthened with UNICAM through an Erasmus Project creates the opportunity to work to complement our knowledge, promoting double degrees in Nutrition, joint research, and academic mobility.

This cooperation represents a new opportunity for UNICAM students enrolled in Biology programs. The mobility program seeks to consolidate collaboration with UCU in the areas of Medical Sciences and the Faculty of Biosciences and Veterinary Medicine at UNICAM.

During our stay in CAMERINO, the opportunity to directly interact with professors, researchers, and students from the University of Camerino, UNICAM proved highly beneficial in the design of new and innovative strategies for addressing nutritional interventions in the field of human nutrition, for both healthy and pathological patients.

Dean Tálamo presented to the UNICAM students and faculty researchers the practical activities carried out in UCU hospitals and health centers. The specific topic focused on the beneficial outcomes of nutritional interventions with an intergenerational approach for older adults. Professor Tálamo presented her research experience, focusing on practical activities to build bridges that promote active intergenerational participation. In the case of Vice-Rector Andrea Hassen, she shared an institutional presentation with Luciano Barboni, explaining the Argentine university system and the development of internationalization at UCU based on collaboration agreements with foreign institutions. UCU's participation in various international networks has given it the opportunity to strengthen academic spaces, consolidating new training opportunities in collaboration with countries such as Italy.

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Both institutions hope to advance joint projects, particularly in Nutrition, that will help improve the quality of life of both communities and provide Italian and Argentine students with innovative tools for their professional development.

Higher Education: Erasmus+

Faculty from UCU and UNICAM hope to exchange similar experiences and compare different solutions to address malnutrition in the population and the elderly. The expected outcome would primarily be the comparison and the possibility of using different approaches in the field of human nutrition and the promotion of healthy eating habits.

Erasmus Project Background

Activity Report – Dr. Silvia Fain

As part of the Erasmus+ program, Dr. Silvia Fain, a nutrition biologist and researcher, conducted an academic stay at the University of Concepción del Uruguay (UCU), actively participating in various training, outreach, institutional outreach, and clinical activities, both at the University Campus in Concepción del Uruguay and at the Rosario Regional Center in Santa Fe.

At the University Campus, Dr. Fain's main activity was teaching a seminar entitled "Intermittent Fasting". Calorie Restriction," aimed at students, faculty, and professionals of the bachelor's degree in nutrition, including members of the College of Nutritionists of Entre Ríos. This seminar was held on June 12, 2024, and lasted three hours. She also participated as a guest in a fourth-year dissertation class, where she shared her professional and research experience. During her visit to this campus, she also took part in institutional and cultural tours: she toured the University facilities, guided by Ms. Agustina Sosa and Professor Julio Vega, and explored the historical, culinary, and tourist attractions of the city of Concepción del Uruguay, accompanied by Ms. Sosa, Ms. Tálamo, Ms. García, and Ms. Chabeuf.

At the Rosario – Santa Fe Regional Center, where she stayed for several months, Silvia Fain developed a busy and varied schedule. On the academic front, she actively participated in classes.

Future project with the Architecture degree

During our visit to UNICAM, we were able to learn about the School of Architecture and share with its authorities the developments of each institution that have achieved internationalization, generating greater cooperation with other countries.

As UCU, we presented our MARCA (MERCOSUR Education) network and the inter-institutional doctorate program with two Argentine universities. Furthermore, given the potential for cooperation between both institutions, we will be holding virtual meetings to develop an Erasmus project that could be presented next October.

We are currently selecting a Nutrition student to undertake a three-month academic stay at UNICAM, thus promoting mobility, with the challenge of developing more joint initiatives between Italy and Argentina.